

Monday 18th January 2021

FOR PARENTS OF CLOSE CONTACTS OF COVID-19 CASE AT NEW LUBBESTHORPE PRIMARY SCHOOL

Advice for Child to Self-Isolate for 10 Days – EYFS

Dear Parents/Carers,

I am writing to inform you that today, Monday 18th January we have been notified of a second confirmed case of COVID-19 within the school. You have been given this letter as your child may have been in contact with the pupil who has tested positive for COVID-19. This means that your child will need to self-isolate for 10 days from Monday 18th January. They will be able to return to school on Friday 29th January unless they have developed symptoms during this period. The rest of the household do not need to self-isolate unless anyone develops symptoms.

It is important that you read the following information which has been provided by Public Health England. We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well now, they do not need any specific treatment. However, you should be vigilant for any symptoms of COVID-19 infection. COVID-19 is an illness that can affect your lungs and airways. It's caused by a virus called coronavirus.

The common symptoms of COVID-19 are:

- a high temperature, and/or
- a new continuous cough
- Loss of sense of taste or smell

If you, or anyone in your family, has these symptoms now or in the future, stay at home for 10 days from when your symptoms started, even if you are mildly unwell. All other members of your household will need to self-isolate for 14 days. This is to protect others in your community. Do not go to a GP surgery, pharmacy or hospital. If you or your child become very unwell then contact NHS 111 for advice.

Testing for people with symptoms is available via: <u>https://www.nhs.uk/conditions/coronavirus-covid-19/what-to-do-if-you-or-someone-you-live-with-has-coronavirus-symptoms/</u> There are things you can do to avoid catching or spreading coronavirus:

- wash your hands with soap and water often do this for at least 20 seconds
- when you leave your home, always wash your hands when you return
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- try to avoid close contact with people who are unwell

More information on COVID-19 is available at: <u>https://www.nhs.uk/conditions/coronavirus-covid-19/</u> and <u>https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public</u>.

Keeping our children and families, staff and local community safe is our priority. It is vital that we follow government guidance and the advice from the local Public Health England Health Protection Team (PHE HPT). We fully appreciate that this will be worrying and difficult for you and your family. We realise that you may have questions about the situation: if this is the case, please email office@newlubbesthorpe.leics.sch.uk. Please note that we will not be able to discuss any details relating to the individual case but will do our best to answer any general questions that you may have as promptly as we can.

We will be in touch shortly to inform you about arrangements in place to support your child's learning whilst they are self-isolating.

Thank you for your support in helping to keep everyone at our school safe.

Yours sincerely,

P. Men

Peter Merry

CEO/Headteacher